

SLiDE's Covid-19 Policy: Summer 2021

Creative Dance at Fairfield Halls

We're delighted to be able to return to in-person sessions at Fairfield Halls for the remainder of SLiDE's summer term from: Tuesday 8 June to Thursday 15 July (6 weeks).

Sessions will be at the same times:

Tuesdays: Dance for adults > 11am - 12pm

Wednesdays: Dance for learning disabled adults > 2pm - 3pm

Thursdays: Youth Dance > 5pm - 6pm

They will be in The Recreational at Fairfield Halls, which has a capacity of 750 people, so plenty of space to dance!

Booking a dance session with SLiDE

All bookings will be made in advance either by emailing info@slidedance.org or via SLiDE's WhatsApp groups. This is so we can control the number of people coming to each of our sessions.

Sessions can be paid for via bank transfer, in session using SLiDE's card reader or, in exceptional circumstances, with cash.

Sessions will be booked in groups of 15-20 people (with a total of 25 including SLiDE staff).

Every person booking will need to provide a mobile number, so they can join a WhatsApp group for that session. We use WhatsApp to send updates and information relating to the session.

Before anyone returns to in-person sessions, they must complete a one-off self-declaration form: <https://forms.gle/Dq3BZqnd3QUdbRNT9>

If a self-declaration form has not been received, participants will unfortunately be unable to join the session.

Before the session starts

SLiDE will send a notification to all participants via WhatsApp of any new information for the session. The following protocols need to be read and acknowledged by anyone attending a session:

- Arrive for your SLiDE dance session 10 minutes before.
- Try to avoid travel on public transport if possible. Remember to wear a face covering on trains and buses and trams.
- Please wear your dance clothes to the session.
- The entrance to The Recreational is to the right side of the building (see photo attached). Please wait outside and you will be invited into the studio foyer by a member of SLiDE. If you need to queue, please remember social distancing and keep 2m apart from the person in front of you.

- Please use the hand sanitiser available as you come in. We will take a temperature check for everyone before entering the studio and you will be asked again if you have Covid-19 symptoms. You will not be able to participate in the session if you are displaying any symptoms.
- Please ensure that you scan the NHS Test & Trace QR code, which you will find at the entrance. You can do this on your phone using the NHS Covid-19 App.
- Carers will be asked to wait in the main foyer, access to which is through the studio (you will be guided by a member of SLiDE). We will come and get you when the session has finished and participants with carers on site will leave the venue first. Please be aware that carers will not be able to wait in the studio unless agreed in advance.
- Participants will have an allocated chair in the studio where you can leave your coat etc. Leave all jewellery at home to avoid hand to face contact.
- Please bring a separate pair of shoes or socks to dance in as bare feet will not be allowed.
- Please bring your own filled water bottle and do not share it with anyone else. No food is to be allowed in the studio.
- Please do not touch any equipment in the space, if you do then let the artist/teacher/leader know so we can clean it.
- Toilet facilities are available and your nearest ones are through the main foyer. A one way system in and out of the studio space will be in place. Please note only two at a time in the toilet.
- Maintain 2m social distance at all times in the studio.
- Your artist/teacher/leader will deliver the session taking into account social distancing rules and guidelines. The session may feel a little different to allow for current special circumstances for example, there will be no contact work, the sessions will be of a lower intensity and we will all try to say as little as possible.
- You are invited to wear a face covering for the session, however it is not mandatory and you should stop dancing if you experience light headedness, dizziness, numbness or tingling and shortness of breath.
- If after a SLiDE session you develop Covid-19 symptoms, you MUST tell SLiDE either Gemma on 07887 781361 or Emily on 07860 763799.

Arriving at/leaving SLiDE sessions

There are 8 disabled parking spaces available at the front of Fairfield Halls, available on a first come, first served basis. These are for Blue Badge holders only. The nearest car park is at the Whitgift, 5 minutes walk from Fairfield Halls.

Everyone is asked to arrive 10 minutes before the session start time and wait outside the entrance until they are invited in by a member of SLiDE.

We encourage face coverings to be worn when entering and leaving The Recreational. Sanitising stations will be located at the entrance and SLiDE will carry out temperature checks and confirm that participants are not displaying Covid-19 symptoms. Carers are asked to wait in the main foyer unless agreed in advance.

Each participant will have a chair for their belongings and chairs will be spread out in the bar area.

The air ventilation system in The Recreational draws fresh air into the studio space and is the recommended system for air conditioning. Doors between rooms will remain closed to prevent the spread of air droplets.

There will be a staggered exit from the studio and participants with carers will leave first. Everyone will leave via the same door they entered.

In situations requiring first aid or in the event of fire and emergency, it is not required to maintain social distancing. However, attention should be given to hygiene immediately after any help is provided. Social distancing should be observed again as soon as possible.

What to expect from a SLIDE Dance session

Groups of no more than 15-20 people will participate in a session (in accordance with government guidance and SLIDE's Covid-19 risk assessment). As much as possible the same group will attend each week, this is so the participants are in the same bubble as each other and their teacher and assistant.

Each artist/teacher/leader will adjust how they deliver the session to ensure that social distancing is met and the risk of transmission is minimised.

The artist/teacher/leader will work to the following guidelines:

- Face away from participants whilst teaching.
- Maintain 2m distance within the session and avoid floor work and contact partner work.
- Use activities that place people back-to-back or side-to-side rather than face to face.
- Consider creative activities that promote increased awareness of social distancing and spatial awareness.
- Only introduce partner work where distance can be maintained.
- There will be no floorwork/sitting on the dance floor area.
- When travelling across the floor leave larger gaps (4-5m) between each person to ensure reduced risk of contamination. Amend travelling across the space to make sure people are not waiting their turn and standing close to others.
- Engage in low impact activities to avoid heavy breathing and too much sweating.
- Refrain from using props.
- Discourage small talk.
- Don't allow for any breaks where people may mingle closely or inadvertently touch other areas of the space.
- Ensure that only the dance leader accesses the music system, to avoid equipment being touched unnecessarily.
- Consider lowering the music volume to remove any need for shouting or raising your voice within sessions.
- If working with live musicians, they should be placed at least 2m away from participants.

People Dancing have useful tools for teachers planning dance sessions which we have used as a resource [Dance & Physical Distancing](#).

If a participant or member of SLiDE develops symptoms

If someone attending the session develops symptoms that may be caused by coronavirus (COVID-19), they should follow government guidelines <https://www.gov.uk/coronavirus>

The SLiDE team are encouraged to take regular lateral flow tests, available from the Government website <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

Positive test result

If the person with symptoms tests positive for Covid-19, we ask that they let us know.

The NHS Test and Trace service may contact SLiDE to ask for records of who has attended the dance session. Information will be shared as soon as possible in a safe and secure way, to help identify people who may have been in contact with the virus and help minimise the transmission of Covid-19.

NHS Test and trace will, if necessary, undertake an assessment and work with SLiDE and the venue to understand what actions need to be taken. Action taken doesn't necessarily involve cancelling future sessions, and depending on the circumstances and the length of time that has elapsed, this could include arranging for people to be tested, asking them to take extra care with social distancing and/or – in some circumstances – asking them to self-isolate. NHS Test and Trace will give SLiDE the necessary public health support and guidance.

SLiDE will not share the identity of any participant who has tested positive.

Collecting Contact Information

The following information will be collected where possible:

Staff

- The names of SLiDE staff members
- a contact phone number
- the dates and times they were on site

Participants

- their name or if more than one person, the name of the 'lead member' and the number of people in the group
- a contact phone number for each person, or for the lead member of a group of people
- date of visit, arrival time and, where possible, departure time

SLiDE will collect this information via the Self-Declaration form. Arrival and departure times will be determined by the start and end time of sessions.

Some people may not wish to share contact information with SLiDE and in this case are invited to contact us prior to completing the Self-Declaration form. In this instance, we will ask them to confirm in an email that they do not have Covid-19 symptoms prior to the session.

For the purpose of NHS Test and Trace, SLiDE will hold records for 21 days. All data will be handled in accordance with GDPR. It is not necessary to seek consent from each person, but SLiDE will make clear why the information is being collected and what we intend to do with it.